

Italian Chicken Breasts



Chicken

1/3 cup thinly sliced sweet onion

1 rib celery, sliced

3 to 4 ounces baby carrots

1/2 teaspoon dried minced garlic

3 bone-in chicken breasts

2 tablespoons extra virgin olive oil

1/2 teaspoon garlic powder

1/2 teaspoon Italian seasoning Salt

Place onion, celery, carrots, and dried garlic in a greased 8 inch square baking dish. Top with chicken breasts. Lightly drizzle chicken breasts with olive oil and season with garlic powder, Italian seasoning, and salt to taste. Bake covered at 350 degrees for 2 hours, or until chicken juices run clear. Serve warm.

Serves 3

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